

## Christmas Gift Program at North Central Health Care

North Central Health Care provides mental health, recovery, skilled nursing, developmental disability, warm water physical therapy and adult protective services for North Central Wisconsin. Each Christmas we provide a gift to every nursing home resident in Mount View Care Center. There are about 130-160 residents on average at Mount View Care Center at any given time. We also provide gifts to those individuals residing in Lakeside Recovery (the 21 day detox center), Inpatient Hospital, Youth Hospital and the Crisis CBRF.

North Central Health Care also provides help to people in our community through our Community Treatment programs. Community Treatment programs help individuals to find support and care as they work through mental illnesses, addiction and recovery. These programs are provided in the community, at work or home. A gift is provided to anyone in our Community Treatment programs and Group Homes who would not receive a gift from anyone else at this time of year.

Holidays can sometimes create a setback or downward spiral for those suffering with mental illness. A Christmas gift can help to brighten their holiday and keep them feeling mentally well.

Last year we provided a gift to over 240 clients living in our community. In total, we provided over 475 gifts to individuals receiving services through NCHC programs this past year.

### How it works:

In mid-October we will provide your organization with a person's first name and last initial and a number. For each person we will provide a list of a few suggested items they would like to receive (usually 2-4 items). Gifts usually fall in the \$15-\$25 range.

We ask that gifts be wrapped and labeled with the information provided. We ask for gifts to be returned in mid-December so we can make sure to get them distributed, especially for those clients living in the community. Then on Christmas morning, each person will have a Gift to open and enjoy.

On your end, you would just need someone to create the tags for the tree and organize the gifts when they are returned. We will come to pick the gifts at your site(s) or you can deliver them to NCHC.

### Contact information:

Thank you for considering giving to those we serve at NCHC. I would be happy to discuss this program in greater detail if you have questions. I can be reached at:

Laural Harder  
Volunteer Services Coordinator  
North Central Health Care  
715-848-4450  
volunteer@norcen.org