



Weekly Ne let er June 22, 2023

Sexton Positions Open

Saint Andrew is seeking 2-4 high school students to share unday Sexton responsibilities beginning this summer for the 9:00 am service and covering the multiple Sunday services in the fall. The role of the Sexton is to collaborate with the Pastors, staff, and lay leadership of the congregation to help maintain campus order during Sunday worship and activities at Saint Andrew Lutheran Church. This is a paid position and monthly schedules are worked out based on availability. If you are interested, please send an email to personnel@salc-wa.org or call or text

Wayne Johnson @715-370-5263 and additional information will be provided and an interview set up if desired. Job shadowing can be set up with the current Sexton,

Nick Josiger.



"Love Is Something You Do" Shoes and Shorts Needed

The Open Door in Wausau runs a clothing closet for anyone in the community in need. Currently there is a

need for men's and women's sneakers and sandals and men's shorts. Donations can be placed in the "Love is Something You Do" box until mid July.

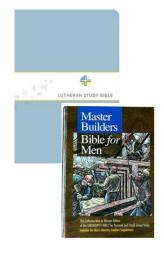
Bible Studies

Wonder? Women Bible Study Wednesdays, 9:30 am

The Wonder? Women Bible Study will take a break for the month of July and resume in August studying the book of Hebrews. You are welcome to attend in person or via Zoom with this **link**.

Son Riser's Men's Bible Study Wednesdays, 6:30 am

This group meets via zoom except for the first Wednesday of the month when they meet at church for a delicious fritata breakfast and Bible study. All are welcome to attend in person at church or via this **Zoom link**.





Sunday Funday

Sunday, July 9 - 5:30-7:30 pm
Join us for a Pizza and Movie Party
with Jesus to include a devotion, pizza
for dinner, movie and popcorn. Bring
your family and invite some
friends! Please sign up using the QR
code or click here.



Ministry Night Meetings

Tuesday, July 11, 6:30 pm

All are welcome to bring their gifts and talents and participate in the ministry of their choice. The meeting begins as a large group in the Sanctuary, then individual ministries break out into their own meetings, then the large group gathers again for a short follow-up before closing for the evening.

On Sunday, July 16 at 10:30 am, Saint Andrew, along with seven other area ELCA churches are preparing a community Praise and Worship service to be held at the Rothschild Pavilion! These congregations have come together to celebrate the unity and love found in Christ, connect with the wider community, and collaborate with each other.

Unique service offerings include combined musical ensembles from participating congregations, a lunch provided following worship, games/activities for all ages, and a ministry fair highlighting opportunities at every congregation to find community.

The offering collected during worship will be donated to United Way of Marathon County, Faith in Action of Marathon County and Marathon County Community



Hosting Congregations: Wausau: Good Shepherd. Immanuel Lutheran,

Pilarim Lutheran Saint Andrew St. Stephen

Kronenwetter: Bethlehem Mosinee: St. John Rothschild: Mt. Calvary





*Parking Lot Attendants

Sunday, July 16 - 11:30 am-1:00 pm

*Food/Drink Servers

*Roving Helpers

Sunday, July 16 - 11:30 am-1:00 pm

*Facility Clean-up

<u>Sign up here.</u> Select a role or multiple roles you would like to serve, and then press the sign up button at the bottom of the screen. Please include "Saint Andrew" in the comments so volunteers can be tracked by congregation as all the congregations are utilizing this sign-up. Linked here are brief descriptions of each volunteer opportunity.

Outreach Taskforce, however, if you do bring your Saint Andrew offering/envelope it will remain with Saint Andrew.

PLEASE NOTE: There will be no worship at Saint Andrew on this day.

Volunteers from each church are needed in the following areas:

Saturday, July 15

- *Facility Set-up 5:00-7:00 pm
- *Sandwich Making for Sunday Lunch
- 5:00 pm

Sunday, July 16 - 7:00-9:00 am

*Facility Set-Up

Sunday, July 16 - 9:00 am-12:00 pm

- *Greeters
- *Ushers
- *Offering Counters



Saint Andrew Lutheran Church Blood Drive

150202 County Rd. NN Thursday, July 27, 2023 12:00-5:00 pm



American Red Cross Blood Drive

Thursday, July 27 - 12:00-5:00 pm, Fellowship Hall

Did you know donors can give blood every 56 days? Walk-ins are welcome, however, appointments are helpful and can be made online at www.redcrossblood.org or call 1-800-REDCROSS (1-800-733-2767). Two volunteers are needed to help with registration, refreshments, or other support. Please contact Jan Nelson at jannelson.79@gmail.com or 715-470-0038 if

you have questions or want to volunteer.

**Used yoga mats are needed to provide a non-slip surface under the feet of the chairs. Please drop off donated, used mats in the designated container in the Narthex.



"One in the Spirit" Devotional Yoga Expanded offerings!

Transforming the mind, body, and spirit

Come join this non-judgmental, welcoming practice! We begin by connecting to one another, share a devotion, then warm up and move our bodies, and finally surrender in receptive prayer. Free will donations are collected and disseminated as follows: 80% back into the yoga program to purchase props and further develop the program, 10% to a chosen non-profit organization, and 10% back to Saint Andrew.

Morning Flow Yoga - *Tuesdays, 8:30 am* Afternoon Flow Yoga - *Tuesdays, 4:30 pm*

This 60-minute mat-based flow class focuses on the fundamental yoga poses that make up a well-rounded yoga practice. Perfect for all individuals new to yoga <u>and</u> those who have been practicing for years that wish for a moderately vigorous flow.

Adaptive Yoga Wednesdays, 8:30 am

This 45-minute chair-based class will offer the benefits of the other yoga classes but use a chair as a prop for support, balance or advancing the pose as appropriate for

each student. This class will incorporate a daily joint mobility series, and an exploration of alignment, strength, balance, flexibility, breath, and relaxation. Participants are invited to stay for fellowship time after class.

Bike & Yoga

Thursdays, June 22, July 13, and August 10

Enjoy a morning of biking followed by restorative yoga. Meet in the parking lot at 8:30 am with an 8:45 departure. Bike rides will last approximately $1-1\,\%$ hours. Upon return we will roll out the yoga mats in the Fellowship Hall for 45 minutes of yoga focused on restoring our "biking muscles."

"Yoga was never intended to be separate from devotion to God. The physical practice is to settle our bodies so we can sit with our breath, enjoy the healing Presence, and be connected in our relationship to God and each other. Union of body, mind, and spirit has always been the intended outcome of yoga practice."

Yogadevotion: Practicing in the Presence (Senarighi & Green, 2017, 4)



Fair Trade Products Available

Fair Trade products are available for purchase in the Narthex! An honor system is set up to receive payments for products purchased.

Pastoral Visits

If you, or someone you know, need a pastoral visit during a hospital stay, please let us know by contacting the church office at 715-842-3333.

Summer Worship

Sundays 9:00 am

Summer Office Hours

Monday-Thursday 8:30 am-4:30 pm

Recorded Worship on Spectrum

Sunday worship is livestreamed on the SALC Facebook page each week. The recorded service can then be found on Charter/Spectrum channel 980 on the following days and times:

Tuesday 2:00 pm Thursday 10:30 am Friday 6:00 pm Sunday 7:00 am June Calendar

About Worship Education Calendar **Contact Us** Saint Andrew Lutheran Church (715) 842-3333 office@salc-wausau.org www.salc-wausau.org