



Weekly Newsletter September 18, 2025



Fall is here! Let's "Gear Up" Kids and Families!

Our September Sunday schedule is full of fun! Please join us!

September 21 – 9:00 am worship followed by Fellowship and Family Scavenger Hunt Activity.

September 28 – 9:00 am worship followed by Fellowship and Family "Fruit of the Spirit Stones" Rock Painting Activity.

October 5 – New worship schedule begins!

8:00 am - Worship

9:00 am - Fellowship and Sunday School

10:00 am - Modern Worship (this is a new offering at Saint Andrew)

Sunday School Details:

- Pre-K/K, Grades 1 & 2, and Grades 3-5; 9:10-9:50 am. A short time is allowed after the first service for using the bathroom, washing hands, and perhaps grabbing a cookie before gathering for a short opening together and then heading to the classrooms.
- Parents pick up their children at the classrooms at 9:50 am just in time to make it to the Modern Service!

We need a village of people! Feel a call (or even just a "nudge"!) to be a part of a teaching team??? We would love to have enough teachers and helpers to make it a commitment that isn't overwhelming or too demanding, just extremely enjoyable! Please contact Jenna at jenna@salc-wausau.org or 715-842-3333.

Sunday School registration is available on the <u>Saint Andrew website</u>. Paper registration forms will be available at church.

Wausau Marathon County (WMC) and Good Shepherd Shelters Need You

Does Matthew 25:35 call to you?

For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me.

Consider joining the Saint Andrew team at the homeless shelters. Currently, only one shelter is open. We are fully staffing it every Friday and provide supper every Friday. Starting November 1, there will be two shelters. We would like to fully staff and provide supper at each shelter every Friday.

To do this, we will need more volunteers! This would typically be a 3-hour shift (6:00-9:00 pm) once or twice a month and/or you could be part of a meal team. We work around your schedule.

To sign up, or to request more information, a sign-up sheet is available on the Information Desk. Ruth Poutanen will then call you.

September Noisy Offering

Thursday & Sunday, September 18 & 21

A Noisy Offering will be received in worship to help offset shipping costs of LWR (Lutheran World Relief) quilts, school bags and personal care kits. Last month we received \$147.50 in support of the preparation of Saint Andrew expanding to two worship services. Thank you for your generosity!!

LWR School Bag Supplies and Personal Care Kits

Thanks to everyone who has donated supplies for the school kits and personal hygiene kits! We're on the home stretch and need just one last item: **14 sturdy combs.** Bring them to *church by Sunday, September 28* and place in the marked basket in the Narthex.

There will be two opportunities to help get the kits ready to ship: Sunday September 21; 10:15 am: String school bags and rubber-band pens and pencils

Sunday September 28; 10:15 am: Assemble school kits and personal care kits

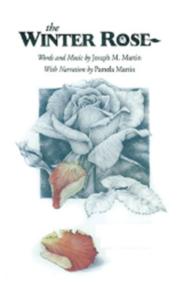


October OWLS Gathering

Wednesday, October 1; 10:30 am

Bob Wiederhoeft will begin with a brief look at the 2025 ELCA Churchwide Assembly that he attended this summer. That will be followed by an opportunity to meet and get to know Pastor Jack and a chance for him to get to know us better. Bring your goodies for the potluck lunch to follow.

OWLS in November will meet a week later than usual; Wednesday, November 12 at 10:30 am. The program will be patriotic and focus on Veteran's Day. There will be musical entertainment provided by "Brass Patina". Potluck lunch to follow.



The Winter Rose Cantata Rehearsals Begin in October

Wednesdays beginning October 8; 7:30-8:30 pm - Please note there will not be a rehearsal on Wednesday October 15.

Sundays beginning October 12 - 9:00-10:00 am Mondays beginning October 13 - 6:30-8:00 pm

Wednesday rehearsals will be held in the Sanctuary.
Sunday and Monday rehearsals will be held in the
Chapel. You do not need to attend every rehearsal each

week, just what will fit into your schedule.

Full choir and orchestra rehearsal will be held **December 20** in the afternoon, time to be determined. The cantata will be presented on **Sunday, December 21 at 2:00 and 7:00 pm** at Saint Andrew.

Contact Joel Freiberg with questions or for more information at: joelfreiberg@gmail.com - 715-571-6230.



Experiencing the 2025 Churchwide Assembly

Reflections by Bob Wiederhoeft

The 2025 ELCA Churchwide Assembly, held in Phoenix, AZ, from July 28 to August 2, 2025, met under the theme, "For the Life of the World." I was honored to be

elected during the 2024 local synod assemby (the East Central Synod of Wisconsin) to attend this year's churchwide assembly. After returning home from the assembly, I've had a chance to reflect on the entire assembly experience. Exhausting, inspiring, uplifting, educational and challenging are some of the words that express my feelings about the event.

The assembly meetings would consist of debate and voting on memorials (resolutions), constitutional changes, en bloc motions, etc. This would be intermingled with reports from governing groups, honored guests, and associated businesses of the church. A day would also include worship, singing and prayer.

In addition to tending to business, the assembly elected the Rev. Yehiel Curry, Bishop of the Metropolitan Chicago Synod, as the next Presiding Bishop of the ELCA and the Rev. CeCee Mills as Secretary of the ELCA. Both Rev. Curry and Rev. Mills embody a vision of leadership not bound by traditional academic pathways but formed in and with their communities. Their elections signal a transformation in how the ELCA is understanding leadership. Not as credentialism, but as formation in community.

Also, the resolutions presented, debated and passed during the assembly weren't just statements on paper. They are signs of a denomination aligning its public witness with the grassroots realities of its congregations. For example, a resolution was passed to encourage congregations and ministries to recognize the legacy of Indian boarding schools. There were 21 synods who submitted this resolution, our synod was included. In an earlier time, Wittenberg, WI was the site of an Indian boarding school.

The entire experience has indeed reaffirmed my belief, faith and hope that, as retiring presiding Bishop Eaton would say: "We are church. We are Lutheran. We are church together. We are church for the sake of the world."

If you are interested in learning what my typical assembly day was like and learn more about the significant events of the assembly, please visit my extended write up at www.salc-wausu.org/CWA. You can also visit this ELCA link to learn more: Summary of Actions of the 2025 Churchwide Assembly



Christ in Our Home Devotionals

The 2025 fourth quarter of "Christ In Our Home" devotionals are available in the Narthex. All are welcome to pick up a copy for your family.



New in the SALC Library

Two Degrees by Alan Gratz (Young Adult Section)

Best selling author Alan Gratz is at the top of his game, shining a light on our increasingly urgent climate crisis while spinning an action-packed story that will keep readers hooked - and inspire them to take action.

(A note from Sue Paisar: "You will be biting your nails through the whole book!")



The Amen Effect: Ancient Wisdom to Mend Our Broken Hearts and World

~Sharon Brous

Brous contends that it is through honoring our most basic human instinct - the yearning for real connection - that we reawaken our shared humanity and begin to heal. This kind of sacred presence is captured by the word "Amen," the powerful,

ancient idea that we affirm the fullness of one another's experiences by demonstrating, in body and word: "I see you. you are not alone." A workbook is also available to go along with this book.

New Men's Discussion Group

Thursdays; 7:30 am - Garden Room

This discussion group from Immanuel Lutheran Church has found a new home at Saint Andrew and is welcoming anyone interested to attend. The format is viewing a Great Courses lecture on various broadly religious/philosophical topics for about 25 minutes and then open discussion. The discussions may sometimes go until close to 9:00 am, though you are welcome to leave as needed. Stop in and check it out and enjoy coffee, a not too stale pastry, interesting conversation and a group of eccentric characters willing to share their insights and opinions.

Upcoming Important Dates and Events

Sunday, September 21; 10:15 am: Adult Bible Study Begins - Garden Room Sunday, September 21; 10:15 am: Family Scavenger Hunt - Rainbeau Corner

Sunday, September 21; 10:15 am: String LWR School Bags - Parish Room Friday, September 19: Lay School Classes Begin

Sunday, September 21; 10:30 am: 9th Grade Confirmation Class Begins - Sanctuary

Sunday, September 21 & 28; 10:30 am: New Member Orientation - Chapel Sunday, September 28; 10:15 am: Family "Fruit of the Spirit Stones" Rock Painting Activity - Parish Room

Sunday, September 28; 10:15 am: Assemble School Bag Kits and Personal Care Kits - Parish Room

Wednesday, October 1; 10:30 am: OWLS Group - Fellowship Hall

Sunday, October 5: New Weekly Worship Schedule Begins

8:00 am: Traditional Worship

9:00 am: Fellowship/Sunday School/Bible Studies

10:00 am: Modern Worship

Saint Andrew Prayer List

Do you know of someone who is in need of prayer? (*Please ask first*). Call the church office at 842-3333 to have names added to the list at the Prayer Center. You can also visit the Prayer Center in the back of the Sanctuary, light a candle and write your prayer request in the prayer book. The list will be updated on a regular basis. The first names of those needing prayer will be recognized in worship weekly. As you review the day to day list of events that take place at Saint Andrew, please also give consideration to those who have requested prayers.

For these we pray...

Thank you, Lord, for always answering prayer, but not indulging my every petty, private request. Thank you for winnowing and refining, vetoing and delaying, refusing and revising. Thank you for being God and never less, for freeing me for wide horizons, for protecting me from my limited vision and wayward will. Thank you for foiling my every effort to unseat you and make myself king. Thank you for keeping it safe for me to pray.

-Gerhard E. Frost

Allan Amy Ashley Bella Bonnie **Brent** Bruce Carol Cindy Dan Darcy

Dave De Ann **Dennis** Diane Don & Joan **Doris** Doug Ed

Gary Heidi Hilmar & Rosemary Jean Jen Jermaine Jesse Jill Jim Joan Judy Karen Kathy Kay Kim Linda Monica

Neal

Nikki

Pyxie Renee Rilev Robert Robin Sandy Shirley Steve Steve & Janice Therese **Thomas** Tim Tom Virjean Zak & Kathy Frank Pat Sherry



"One in Spirit" Yoga

Transforming the mind, body, and spirit

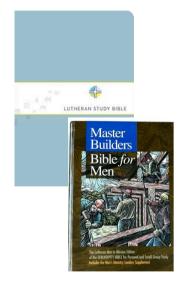
Yoga for Beginnings

Fall is a fabulous time to consider beginnings! From the change of weather to changes in routines to changes in mindset, fall is the perfect time to begin! Whether you have never practiced yoga or have practiced thousands of times, a beginner's mind is always the start. You are invited to join us as we begin an eleven week series of "Yoga for Beginnings" with the conclusion on the eleventh week (November 11/12) featuring a relaxing restorative yoga practice!

> Mat-based Practices: Tuesdays, 8:30 am & 4:30 pm Chair-based Practices: Wednesdays, 8:30 am

Donations from April-August of \$1000 will support the Community Center of Hope in Mosinee. Amy Bergstrom of Saint Andrew says "We just celebrated 20 years of service to our community. Most of our clientele are from smaller and/or rural communities so they have fewer options on how to earn or where to spend their money. We certainly have a lot of hurting people so I appreciate you thinking of us!" A donation of \$121 was also given to Saint Andrew towards lights, heat, etc.

Donations during this "Yoga for Beginnings" series will support the Never Forgotten Honor Flight. For every \$500 we donate, a veteran will be fully funded to go on his/her trip of a lifetime!



Adult Studies

Adult Bible Study

Sundays, 9:15 am - Activity Room (Sign up here)

Men's Discussion Group

Thursdays, 7:00 am - Garden Room

Men's Bible Study

1st Wednesday of the month, 7:00 am - Fellowship Hall for breakfast and bible study (Sign up here)
2nd-5th Wednesdays, 7:15 am - Zoom

Wonder? Women's Bible Study

Wednesdays, 9:30 am, Begins September 17 - Parish Room (Sign up here)



Texas Roadhouse

Continue Sunday fellowship on Sundays after worship at Texas Roadhouse. Present the Sunday bulletin to the server and 10% of your food sales will be donated back to Saint Andrew!



Connect With the Wider Church

Saint Andrew is a part of the East Central Synod of Wisconsin or ECSW. The ECSW is one of 12 synods that make up Region 5 of the ELCA (Evangelical Lutheran Church of America) in the United States. Visit the ECSW website and read their weekly newsletter, The Wave. To stay up to date on synod news and for resources,

visit the **ECSW website** and to stay connected to the ELCA churchwide, visit the **ELCA website**.

Network Newsletter

Printed copies of the weekly Network newsletter are available on the table in the Narthex. If you would like to receive the newsletter via email, please call the church office at 715-842-3333 or email joy@salc-wausau.org to let us know.



Saint Andrew Sunday Worship Livestream-9:00 am

Click here for Youtube
Click here for Facebook

Worship Sunday

9:00 am - Sanctuary (The Sanctuary is T-Coil Hearing Loop Enabled)

> Thursday 12:15 - Chapel



Recorded Worship on Spectrum

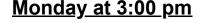
Sunday worship is livestreamed on the SALC Facebook page and on Youtube each week. The recorded service can then be found on Spectrum channel 980 on the following days and times:

Tuesday - 2:00 pm Thursday - 10:30 am Friday - 6:00 pm Sunday - 7:00 am

Office Hours
Monday-Thursday
8:30 am-4:30 pm

Network and Bulletin Weekly Deadline

Send submissions electronically for the Network and/or bulletin to joy@salc-wausau.org by



SALC Calendar

About Worship Education Calendar Contact Us

Saint Andrew Lutheran Church

(715) 842-3333

office@salc-wausau.org

www.salc-wausau.org